

Checklist for Nurses and Midwives



You Can Claim:

- ☐ Car expenses (between jobs or alternate workplaces, not daily commute)
- ☐ Laundry costs for protective clothing or compulsory uniforms
- ☐ Phone & internet (work portion only, with records)
- ☐ Study & education (only if directly related to current role, eg, CPD or Master's in Nursing)
- ☐ Tools & Equipment (eg, stethoscope, pin watch)
- ☐ PPE (gloves, face masks, sanitizer, etc., if not reimbursed)
- ☐ Work-related publications
- ☐ Union fees, professional memberships, and agency commissions.

You Cannot Claim:

- ☐ Daily commute between home and the regular workplace
- ☐ Conventional clothing (even if worn only at work)
- ☐ Phone/internet used just for rosters or paychecks
- ☐ Study for unrelated career changes (eg, accounting)
- ☐ Vaccinations or flu shots (even if required for work)
- ☐ Childcare, music subscriptions, or personal fines
- ☐ Anything reimbursed by your employer
- ☐ Doctor visits
- ☐ Uber eats, cabs, taxis, and drivers



Book your FREE consultation today
and avoid last-minute tax stress.

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