

Checklist for IT Professionals



You Can Claim:

- ☐ Car expenses (only if traveling between work sites or jobs, or transporting essential bulky equipment with no secure storage at work)
- ☐ Work-from-home costs (using a valid ATO method with records)
- ☐ Phone & internet (work-related portion, with logs or estimates)
- ☐ Tools and equipment (like keyboards, monitors, or software subscriptions)
 - Over \$300: claim over time
 - \$300 or less: claim instantly
- ☐ Self-education (directly tied to your current IT role, like learning a new coding language or software)
- ☐ Seminars and tech conferences
- ☐ Tech journals or professional publications
- ☐ Union or professional association fees

You Cannot Claim:

- ☐ Commute costs (from home to regular office)
- ☐ Office wear or business clothes (even if it is your "techie uniform")
- ☐ Coffee, milk, tea, snacks (home or office - it is still personal)
- ☐ Any item provided or reimbursed by your employer)
- ☐ Music streaming, childcare, fines - all strictly personal
- ☐ Study not directly tied to your current role (eg, software engineer studying project management)
- ☐ Doctor visits
- ☐ Uber eats



Book your FREE consultation today
and avoid last-minute tax stress.

#TaxChecklist #TaxFiling2025
#TaxHelp #ATO #TaxNextGen