

Checklist for IT Professionals

You Can Claim:

- Car expenses (only if traveling between work sites or jobs, or transporting essential bulky equipment with no secure storage at work)
- Work-from-home costs (using a valid ATO method with records)
- Phone & internet (work-related portion, with logs or estimates)
- Tools and equipment (like keyboards, monitors, or software subscriptions)
 - Over \$300: claim over time
 - \$300 or less: claim instantly
- Self-education (directly tied to your current IT role, like learning a new coding language or software)
- Seminars and tech conferences
- Tech journals or professional publications
- Union or professional association fees

You Cannot Claim:

- Commute costs (from home to regular office)
- Office wear or business clothes (even if it is your “techie uniform”)
- Coffee, milk, tea, snacks (home or office - it is still personal)
- Any item provided or reimbursed by your employer)
- Music streaming, childcare, fines - all strictly personal
- Study not directly tied to your current role (eg, software engineer studying project management)
- Doctor visits
- Uber eats



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and avoid last-minute tax stress.