

Checklist for Fitness and Sports Coaches



You Can Claim:

- Car expenses (between multiple jobs or training locations on the same day)
- Compulsory or registered uniforms (with logos or required by employer policy)
- Work tools/equipment (weights, resistance bands, etc.)
- Insurance and repairs for your work gear
- Study expenses (directly related to improving your coaching or training role)
- Phone & internet (work use only, with records)
- Sunscreen, sunglasses & hats (if working outdoors)
- Union and association fees

You Cannot Claim:

- Activewear or sports shoes (even if only worn at work)
- Gym memberships or fitness programs (used to maintain personal fitness)
- Supplements, vitamins, or special foods
- Any expense reimbursed by your employer
- Music Subscriptions, childcare, or fines
- Study to switch careers (eg, moving from trainer to physio)
- Doctor visits
- Uber eats, cabs, taxis, and drivers



Book your FREE consultation today
and avoid last-minute tax stress.

#TaxChecklist #TaxFiling2025
#TaxHelp #ATO #TaxNextGen